



Candidate's Plan for Career Development/Training Activities During Award Period – one possible outline

Approximately 3 pages

1. Overview (reminder of who you are (e.g., currently an Instructor in Dept of xx at University of xx), career niche and career goals, what you know, what you need to learn (summarize the Career Dev. Skills); maybe a quick summary of goals of the research project)
2. Table of your 3-5 Career Development Skills
3. Section about Mentors and Advisory Committee Members; start with a 3–4-line summary of the expertise you have collected. State how often Committee (which includes your mentor, co-mentor, and advisory committee members) will meet as a group and what they will discuss. Be specific.
4. Describe your mentors and advisory committee members (name, title, expertise, what they will do for you and how that relates to your Career Dev. Skills, what your history with them is, how often you will meet with them)
 - **Mentor** – describe in its own paragraph
 - **Co-mentor** – describe in its own paragraph
 - **Advisor** – Describe each (exactly as above), but you can append the descriptions into one paragraph.
5. Table of Career Development Activities over time
6. Description of each Skill (what it is, and why you need it) and a description of the Activities you have chosen to do to help you get that Skill. It is probably easy to organize it by Skill, but other organizational structures may occur to you.
 - Skill 1
 - Skill 2
 - Skill 3 ...
7. Summary of some sort. Just a few lines to wrap up this section. You will probably repeat your niche and say that by completing the career development plan outline above, including completing the proposed research study, will allow you to gain independence, pursue questions about your niche, and use your research expertise to improve stuff for patients.