

Career Goals – one possible outline



Approximately ½ page

1. Summary of experience/expertise to date (2 sentences)
2. Long term goals: scientific (your niche) and any mentoring, networking or leadership goals
 - “My long-term goal is to become an independent, NIH-funded physician scientist interested in *NICHE*”)
3. Areas of the research plan that will require you to get additional training
 - “To attain these goals, I have made progress in developing my research expertise in xx, but there are 4 areas in which I require additional training, mentoring and experience. These are a,b,c,d” (the ~4 areas are your ‘Core Competencies’ / ‘Career Development Skills’ – use whatever term you like)
4. Justify the award
 - “This award will help me obtain the training I need to conduct my proposed research project on xx and to develop additional skills I will need to become successful in *NICHE*”
5. Who can mentor you in those areas
 - “To obtain these needed skills I have selected mentors and advisor with expertise in these areas and have developed a personalized career development plan focused on my 4 Core Competencies. Specifically, Dr x will x, Dr y will y, Dr z will z...”
6. Short term goals
 - Over the short term (1-5 years), my goals are to: Year 1: obtain preliminary data on xx; Years 2-4: xxxx; Year 4: submit R01 application; Year 5: conclude experiments, publications, transition to independent support